

# spa mk

## ◆ spa packages ◆

### ◆ luxury hammam + relaxing massage (1.5 hours) 1 person € 65 / 2 people € 120

our most popular package! A half Eastern and half Western treatment. For couples, 1 person starts in the hammam and 1 in the massage room, then meet for a refreshment before swapping over. An experience and a complete cleanse, nourish and relax. See mk signature treatments for more detail.

### ◆ slimming hammam + slimming massage (1 hour) 1 person € 65 / 2 people € 120

this hammam treatment is similar to the luxury hammam but instead of rhassoul and sugared oil, it uses an algae mask and body wrap for 10-15mins in the steam room, this is then followed by a 30min invigorating massage in the massage room. The therapist works specifically on the thighs, buttocks and stomach using a grapefruit, fennel and juniper slimming oil.

### ◆ top to toe (4 hours) 1 person € 150

the ultimate pampering with a luxury hammam (45mins), full body massage including head and feet (1.5hours), luxury manicure (50mins) and pedicure (55mins)

### ◆ spa mk discovery package (1.5 hours) 1 person € 65 / 2 people € 120

a great treat for men, or for those wanting to simply make a start and discover what we can do! Includes a flash facial, back massage and grooming of hands OR feet.

### ◆ afternoon treat package 1 person € 90 / 2 people € 170

arrive at 1.45pm. Have the hammam & massage combination at 2pm, followed by full English afternoon tea at 4pm

### ◆ evening pampering package 1 person € 120 / 2 people € 220

arrive 4.45pm. Have the hammam & massage combination at 5pm, followed by relaxing on the roof terrace, then enjoy the canapés from 7pm, and the gastro mk 5 course tasting menu at 8pm (drinks not included).

## ◆ body pampering treatments ◆

- ◆ **relaxation body massage (1 hour)** € 50  
perfect for those looking to chill out and be pampered. This luxurious massage uses a variety of massage techniques to calm and relax. Includes head and feet massage. Choose from argan, verbena or orange flower oils.
- ◆ **energising body massage (45mins)** € 50  
this massage is intended to be stronger and more stimulating and nourishing. Choose from a selection oils or leave it up to your therapist.
- ◆ **Californian massage (1 hour)** € 65  
a very popular relaxing massage where the therapist uses her whole arm in beautiful sweeping wave movements. Includes head and feet massage.
- ◆ **slimming massage (30mins + rest)** € 50  
a special deep massage technique with using a grapefruit, fennel and juniper oil to enhance blood circulation and break up cellulite. The therapist works specifically on thighs, buttocks, stomach for an invigorating experience. (Works well combined with an algae hammam – see spa packages.)
- ◆ **back, neck & shoulders massage (30mins)** € 30  
both relaxing and energising and specific knot-working massage (do ask your therapist if you need work on specific areas). Choose from a selection oils or leave it up to your therapist.
- ◆ **facials (1 hour)** € 40  
mk facials use 100% natural ingredients with a basis of shea butter and essential oils or plants. Choose the cream mask with oils for moisturising and soothing dry, sensitive or mature skin, or the 7 plants mask for cleansing and rebalancing oily or combination skin (if you would like extraction to be done please ask your therapist)
- ◆ **luxury head massage (décolleté, face and scalp) (30mins)** € 25  
this gentle melting massage encourages blood flow to the facial tissues, helps tone muscles and leaves you with a silky radiant skin. The massage starts with a cleansing and is then done with a delicate orange flower oil from the shoulders up through the neck, face and hair for a truly relaxing treatment.
- ◆ **half leg and foot massage (30mins)** € 25  
particularly recommended for heavy feeling legs and painful feet after walking a long time in the medina or after a plane journey. It is carried out with a moisturising shea butter cream with mint and basil extracts which feed, refresh and bring immediate relief to these important limbs.
- ◆ **foot reflexology (40mins)** € 35  
this ancient art of reflexology stimulates the whole body through the pressure points on the soles and top of the feet. It will leave you feeling relaxed on the outside and healthy on the inside.



maison mk

## ◆ mk signature treatments ◆

### ◆ luxury hammam ritual (45mins)

€ 45

begins with an optional argan oil hair conditioning, full body cleanse with black soap and eucalyptus oil. Body exfoliation by the hammamist, rhassoul mud mask to purify, and a final polish with sugar and oils of cedar and orange flower water or verbena. Then, an optional hair shampoo to finish. The luxury hammam followed by a 45min relaxation massage is our most popular spa package.

### ◆ luxury mk massage ritual (90mins)

€ 80

a beautiful top to toe relaxation massage ( head, body, feet) in candle-light or complete darkness... as you choose .

### ◆ “4 hands” complete treats

#### simultaneous head & foot massage (30mins)

€ 60

two therapists simultaneously working by candle-light at each end of the body gives an amazing sensation and feeling of completeness.

#### simultaneous body massage (45mins)

€ 90

the ultimate massage ....two therapists simultaneously working by candle-light starting from the feet and simultaneously and synchronously performing from toe to head – a celebration of the body, a beautiful, complete treatment, and a hedonistic performance to be enjoyed.

#### simultaneous manicure & pedicure (50mins)

€ 70

two therapists simultaneously working on the hands and feet for an ultimate beauty pampering....in half the time!

## ◆ beauty ◆

### ◆ luxury manicure (50mins)

€ 25

file & shape , scrub, massage, mask & moisturise, cuticle work & nail varnish

### ◆ hand grooming (20 mins)

€ 15

file & shape, cuticle tidy and massage (no varnish applied)

### ◆ luxury pedicure (55 mins)

€ 30

file & shape, scrub, hard skin removal, massage, mask & moisturise, cuticle work & nail varnish



maison mk

◆ **feet grooming** (25 mins) € 20  
file & shape, hard skin removal, cuticle tidy and massage (no varnish applied)

◆ **file and varnish** (20 mins) € 10  
hands OR feet

◆ **waxing**

- whole leg (€ 30) • half leg (€ 20) • back or torso-male (€ 30) • underarm (€ 15)
- bikini line (€ 15) • Hollywood (€ 20) • eyebrows (€ 10) • lip or chin (€ 7)

◆ **Contact Details :**

emily burrows (client manager) 00 212 (0)661 09 61 27

spa mk landline (kamal – house manager) 00 212 (0)524 37 61 73

hotel address – 14 derb lafkih essbai, l'ksour, medina, marrakech.

(from taxi drop off : enter medina at Bab L'ksour, take second right by the herboriste (down the little street – rue l'ksour), past Kulchi (left side) & Kif Kif (right side) shops and we are the new door 30metres round the corner after Kif Kif, opposite riad Dar Attajmil. Look for the mk & the \* on the wall.)

distance from Bab L'ksour to right turn is 130m, and distance from the right turn to maison mk is 80m.

detailed directions & maps are on the website – page <http://www.maisonmk.com/spadirections.htm>



**maison mk**

14 Derb Sebaai, Bab L'ksour, Medina, Marrakech, Morocco | t: +212 (0) 524 37 61 73 | e: stay@maisonmk.com | www.maisonmk.com